

2022-2023

HEALTHY  
MEALS



# North Plainfield Somerset Intermediate

## Breakfast

<b>Student Breakfast</b>	\$1.75	<b>Adult Breakfast</b>	\$3.95
<b>Free/ Reduced Breakfast</b>	\$0.00		

## Lunch

<b>Student Lunch</b>	\$3.00	<b>Adult Lunch</b>	\$4.95
<b>Student Entrée Only</b>	\$2.50	<b>Free/ Reduced Lunch</b>	\$0.00

## Beverages

<b>Milk</b>	\$0.75	<b>100% Juice 4 oz.</b>	\$0.75
<b>Bottled Water 8 oz/16 oz.</b>	\$0.75/\$1.25	<b>La Croix</b>	\$1.25

## A-la-Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$0.75	<b>Pretzel</b>	\$1.25
<b>Vegetable Side</b>	\$0.75	<b>Churro</b>	\$1.00
<b>Baked Chips</b>	\$1.25	<b>Donut</b>	\$1.50
<b>Rice Krispie Treat</b>	\$1.25	<b>Nutrigrain or Cereal Bar</b>	\$1.25
<b>Fresh Baked Cookie</b>	\$0.50	<b>Ice Cream small/ Premium</b>	\$1.25/ \$1.75



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### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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Healthy meals grow

*healthy kids!*